

# Additional informations about *fix* and *free order* on *Saturday*

The courses 1, 2, 3, 4 has and mix of fixed and free order (semi-free order). The competitors get two maps at the start. The 1st map shows the controls in fixed order. On the 2nd map you can find the controls, which you have to punch on any time in free order together or separate with the controls from the 1st map between the start and the finish. At the finish you have been at every control.

The number of respective controls is printed on both maps. The sum of both numbers results the total number of controls of the respective course.

map 1	map 2
<p>1_long_ME_M20_fix 12 controls map 1</p> <p><b>MTBO-DM</b> <b>Long</b></p> 	<p>1_long_ME_M20_free 7 controls map 2</p>  <p><b>MTBO-DM</b> <b>Long</b></p>

Tip: Take a pen and fix the free order controls.

# Competition informations

## German Championships MTBO long distance

6./7. German Cup

9. and 10. July 2022

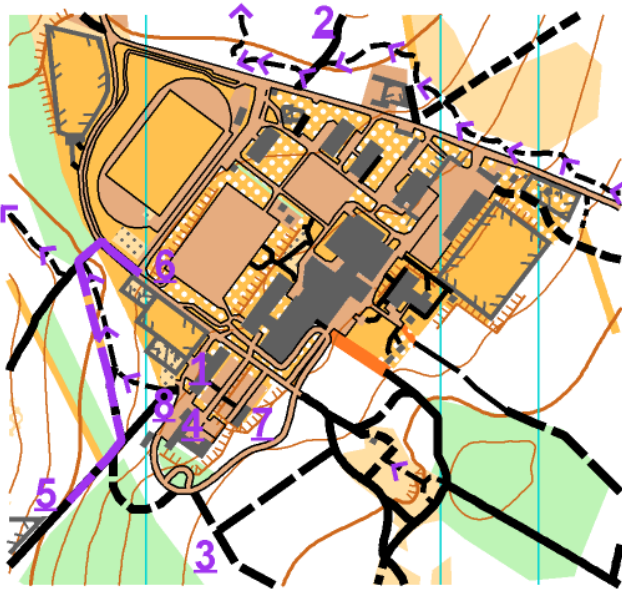
### Organisations:

FA Mountainbike-Orientierung im DTB

SV Sachsen 90 Werdau e. V., Abt. Radsport

### Event Centre:

Sportpark Rabenberg (GPS: 50.455952, 12.743790)



1 Event center, Bike wash, Shower

2 Start Saturday

3 Start Sunday

4 Snack at Trail Café

5 Last control

6 Finish

7 Prize giving Saturday

8 Prize giving Sunday

### Event director:

Mark Huster

### Late entry and registration on the competition day:

Latest 30 min before the first start, at the event office!

### General information and competition rules:

- The ceremonies for the German Championships are only for German competitors with a BDR licence or DTB Startpass according to the German competition rules.
- For sufficient insurance protection and liability in the case of damage resulting from associations, organizations and offices of the Free State of Saxony as well as third parties, each sportsman / association itself is responsible.
- Every athlete has to report himself at the finish if he quits the competition!
- In spite of the latest updates of the map (05-06/2022), there have been major forest activities in the past few weeks that can have affected the paths, tracks and trails.
- You will get a start bib for both days together. They will be removed on Sunday behind the finish.
- Away from paths and tracks, there are fenced mining deposits (daybreaks). **Entering is prohibited and life-threatening!**
- **No waste in the forest! Please don't leave any gel packs or anything else in forest.**
- **Please be careful if you punch the controls. Don't damage or crash in the control stations.**
- **Please keep appropriate in the Sportpark (especially in bad weather conditions). We are guests!**
- The current German MTBO rules will be applied
- Off-track riding is strictly forbidden. It is forbidden to leave the mapped terrain during the competitions.
- It is not allowed to cross any olive or yellow-colored areas.
- The provisions of the Federal Forestry Act and the Forestry Act of Saxony must be complied with:
  - No smoking in the forest.
  - Off track riding is strictly forbidden.
  - It is not allowed to enter any kind of forestry facilities.
- The road traffic regulations must be complied, especially in the area of public roads:
  - In Germany one drives on the right side of the road.

- Overtaking should be done on the left side or after communication on any side.
- Uphill goes before downhill!
- Observe the German road rules (right goes before left etc.).
- Respect other traffic on the roads and forest tracks.
- It could be possible that you make route choices via public roads (Breitenbrunn) and the Sportpark. Please take special care to traffic and other users. Neither public roads are closed nor marshals will control the traffic.
- Take care of walkers, tourists and other bikers.
- Follow the instructions of the organizing team.
- Warm-up: use the road between Breitenbrunn and Sportpark as well as the route between EC and start.
- Ensure that no competitor is hindered on the way from the EC to the start and in the finish area.
- Single tracks in the trail center are one-way. **The direction marked in the map is mandatory and it is strictly forbidden to ride them opposit. It serves your security and the security of the other bikers.** The trails are sometimes slower than the signature of the map shows.



- **Any breach of these points will be punished with disqualification, without exception.**

**Punching system:**

- SPORTIDENT, all cards incl. SIAC with near field modus.
- Don't forget to clear and check.
- It is the responsibility of the competitors to punch correctly at the controls and the finish.
- Read out is located in the event center.
- Finish time keeping by the finish station, you have to punch it.
- Attention with GPS watches: Wear the SIAC on the other arm of the GPS device. Otherwise, it could be possible that the SIAC doesn't work correct.

**Jury:**

Harald Männel  
Uwe Röhner  
Mark Huster

**Catering:**

The Trail Café offer various foods and beverages.

**Shower:**

You have to pay for the shower if you don't sleep in the Sportpark. There are shower coins in the event center.

## **Saturday**

### **Start:**

- First start: 14:00
- Single start with 3 minutes start intervall.
- The start takes place as three zone start (call-up and clear (-3 min), check (-2 min), map (-1 min), time start (0 min)). This means that all athletes must be at the start at least 3 minutes before their start time according to the starting list.
- > The start is nearby the event center (in north of - see map).
- > The map start (purple start triangle) is about 100 m behind the time start and is marked by a control flag. After your time start, you have to follow a mandatory route to the map start, marked by red and white ribbons.

### **Finish:**

- Between the last control (100) and the finish there is a mandatory route, marked by red and white ribbons.
- The finish time is taken by punching the finish station.
- End of finish: 17:30

### **Map:**

- Rabenberg, Scale 1:15.000, Contour 5 m, Size A4, 06/2022
- Symbols: ISOM MTBO 2022
- Mark Huster

### **Course data:**

- Course setter: Mark Huster
- The competitor is responsible to pick up the correct map. Please look at the course number.
- The length is about long distance.

<b>Course:</b>	<b>Length calculated:</b>	<b>Length optimal:</b>	<b>Climb calculated:</b>	<b>Climb optimal:</b>	<b>Controls:</b>	<b>Winning time:</b>	<b>Map Change and mixed order:</b>
	[km]	[km]	[m]	[m]		[min]	
<b>Saturday</b>							
1_long_ME_M20	21,10	35,40	840	1250	19	105	yes
2_long_WE_W20_M40	19,10	28,30	570	825	13	100	yes
3_long_W40_M50_M60	15,40	22,80	420	675	12	95	yes
4_long_W50_W60_M70	9,00	13,00	265	350	9	90	yes
5_long_W17_M17_Open	10,02	15,00	195	450	7	80	
6_long_WM14	5,62	7,90	210	275	8	40	
7_long_WM11	3,81	5,60	145	175	5	30	

- The **courses 1, 2, 3, 4** has and mix of fixed and free order (semi-free order). The competitors get two maps at the start. The 1st map shows the controls in fixed order. On the 2nd map you can find the controls, which you have to punch on any time in free order together or separate with the controls from the 1st map between the start and the finish. At the finish you have been at every control.
- The **courses 1, 2, 3, 4** has fixed order.

### **Prize giving ceremonies:**

- 19:00 in the marquee
- Honouring the German Champions for all German classes (only licenced German starters) with medals and diplomas.
- Honouring of the stage winners in all classes with diplomas (if 3 or more competitors in a class).

## **Sunday**

### **Start:**

- First start: 10:00
- Single start with 2 minutes start intervall.
- The start takes place as three zone start (call-up and clear (-3 min), check (-2 min), map (-1 min), time start (0 min)). This means that all athletes must be at the start at least 3 minutes before their start time according to the starting list.
- > The start is nearby the event center (in south of - see map).
- > The map start (purple start triangle) is about 100 m behind the time start and is marked by a control flag. After your time start, you have to follow a mandatory route to the map start, marked by red and white ribbons.

### **Finish:**

- Between the last control (100) and the finish there is a mandatory route, marked by red and white ribbons.
- The finish time is taken by punching the finish station.
- End of finish: 13:30

### **Map:**

- Rabenberg, Scale 1:10.000, Contour 5 m, Size A4, 06/2022
- Symbols: ISOM MTBO 2022
- Mark Huster

### **Course data:**

- Course setter: Mark Huster
- The competitor is responsible to pick up the correct map. Please look at the course number.
- The length is about middle distance.

<b>Course:</b>	<b>Length calculated:</b>	<b>Length optimal:</b>	<b>Climb calculated:</b>	<b>Climb optimal:</b>	<b>Controls:</b>	<b>Winning time:</b>
	[km]	[km]	[m]	[m]		[min]
<b>Sunday</b>						
1_middle_ME_M20	11,08	18,50	320	600	18	55
2_middle_WE_W20_M40	9,58	15,50	245	500	13	55
3_middle_W40_M50_M60	7,99	14,50	265	400	13	55
4_middle_W50_W60_M70	6,76	10,80	120	315	9	50
5_middle_W17_M17_Open	7,40	11,90	250	325	11	55
6_middle_WM14	4,50	6,80	145	175	8	35
7_middle_WM11	3,34	4,50	65	100	7	25

- **All courses** have fixed order.

### **Prize giving ceremonies:**

- 13:30 below the Trailcafe or nearest soon after the official result
- > Honouring of the overall winners in all classes with cups, diplomas and gifts (if 3 or more competitors in a class) and honouring of the stage winners (simultaneously).

Further information see bulletin